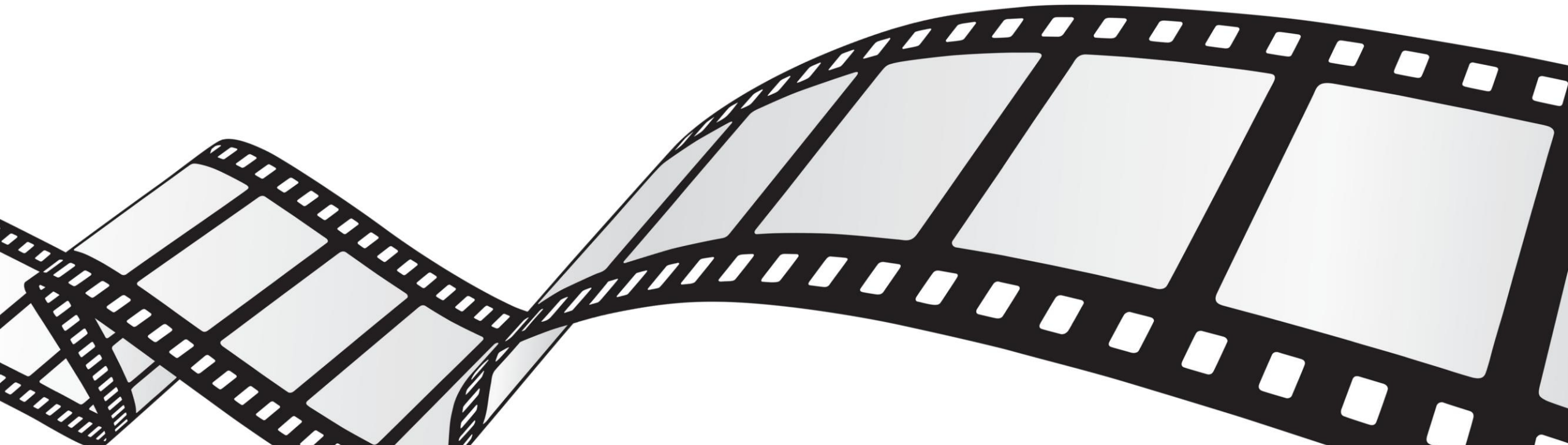


Psychology films,  
documentaries and talks.



# Memory

## Ted Talks

- Feats of memory anyone can do
- How your brains executive function works
- How reliable is your memory?
- Why eyewitnesses get it wrong
- The riddle of experience vs memory

## Tv shows/documentaries/Podcasts/Radio/Youtube

- Netflix: the mind, explained
- Netflix: the confession killer
- Netflix: Making a murderer
- Alan shearer- dementia, football and me
- Louis Theroux: Extreme Love: Dementia
- OU on the BBC: Eyewitness

## Films

- ✓ Fractured
- ✓ 12 Angry men
- ✓ 50 first dates
- ✓ Memento
- ✓ The man with the 7 second memory
- ✓ The notebook
- ✓ Inside Out



# Social Influence

## Ted Talks

- Zimbardo- The Psychology of Evil
- Should you trust unanimous decisions?
- My daughter, Malala
- Online social change: easy to organise, hard to win

## Tv shows/documentaries/Podcasts/Radio/Youtube

- Netflix: Derren Brown- the push

## Films

- ✓ The Stanford prison experiment
- ✓ The experimenter
- ✓ The wave (Die Welle)
- ✓ 12 angry men
- ✓ Compliance
- ✓ Lord of the flies
- ✓ Malcom Z





# Attachment

## Ted Talks

- How early life is written into DNA
- Do kids think of sperm donors as family?
- The tragedy of orphanages
- Lessons from the longest study on human development
- Parenting lessons from the longest running study on childhood
- How childhood trauma affects health across a life time

## Tv shows/documentaries/Podcasts/Radio/Youtube

- Netflix: Babies
- Netflix: Unabomber
- From Romania with Love
- The dark matter of love
- Louis Theroux: Mothers on the Edge
- Louis Theroux: Altered States: Take my Baby
- Stacey Dooley: In the USA: Giving up My Baby

## Films

- ✓ Mockingbird don't sing
- ✓ Blackfish
- ✓ Good will hunting
- ✓ The troubled child
- ✓ About time



# Psychopathology

## Ted Talks

- What's so funny about mental illness?
- How risk-taking changes a teenagers brain
- What is depression?
- This could be why you're depressed or anxious
- Debunking the myths of OCD

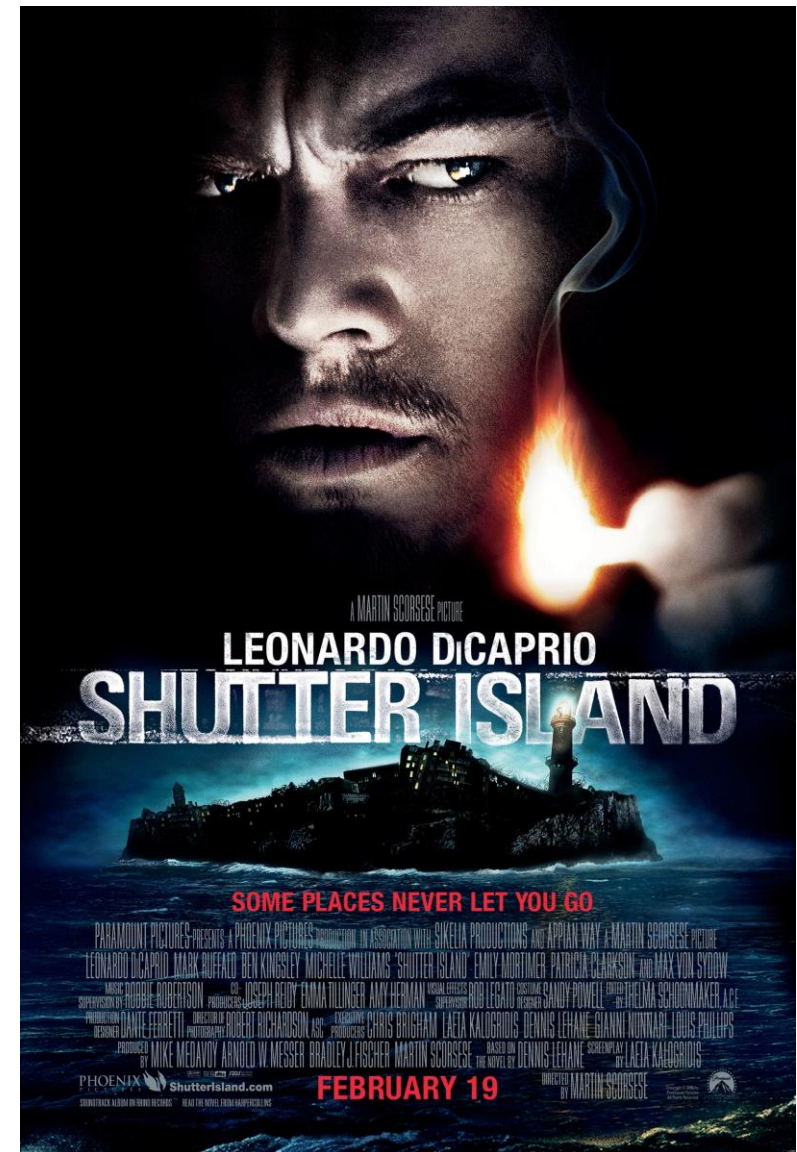
## Tv shows/documentaries/Podcasts/Radio/Youtube

- Stacey Dooley on the Psych ward
- Louis Theroux- Mothers on the Edge
- Louis Theroux: By reason of insanity part 1 and 2
- Horizon- OCD: A monster in my mind
- BBC one: PTSD: The war in my head
- Netflix: Unabomber
- Netflix: the confession killer
- All the mind podcasts

## Films

Shutter Island, Rain Man, A dangerous Method, Girl, Interrupted, As good as it gets, Awakenings, It's a funny kind of story, Little Miss Sunshine, Side Effects

The men who stare at goats, A beautiful mind



# Approaches

## Ted Talks

- A map of the brain
- Pavlov: Operant and classical conditioning

## Tv shows/documentaries/Podcasts/Radio/Youtube

- Three identical strangers
- Hidden brain podcasts
- Netflix: Freud

## Films

- ✓ A dangerous Method
- ✓ Girl, Interrupted
- ✓ Experimentier
- ✓ Dangerous Method



# Biopsychology

## Ted Talks

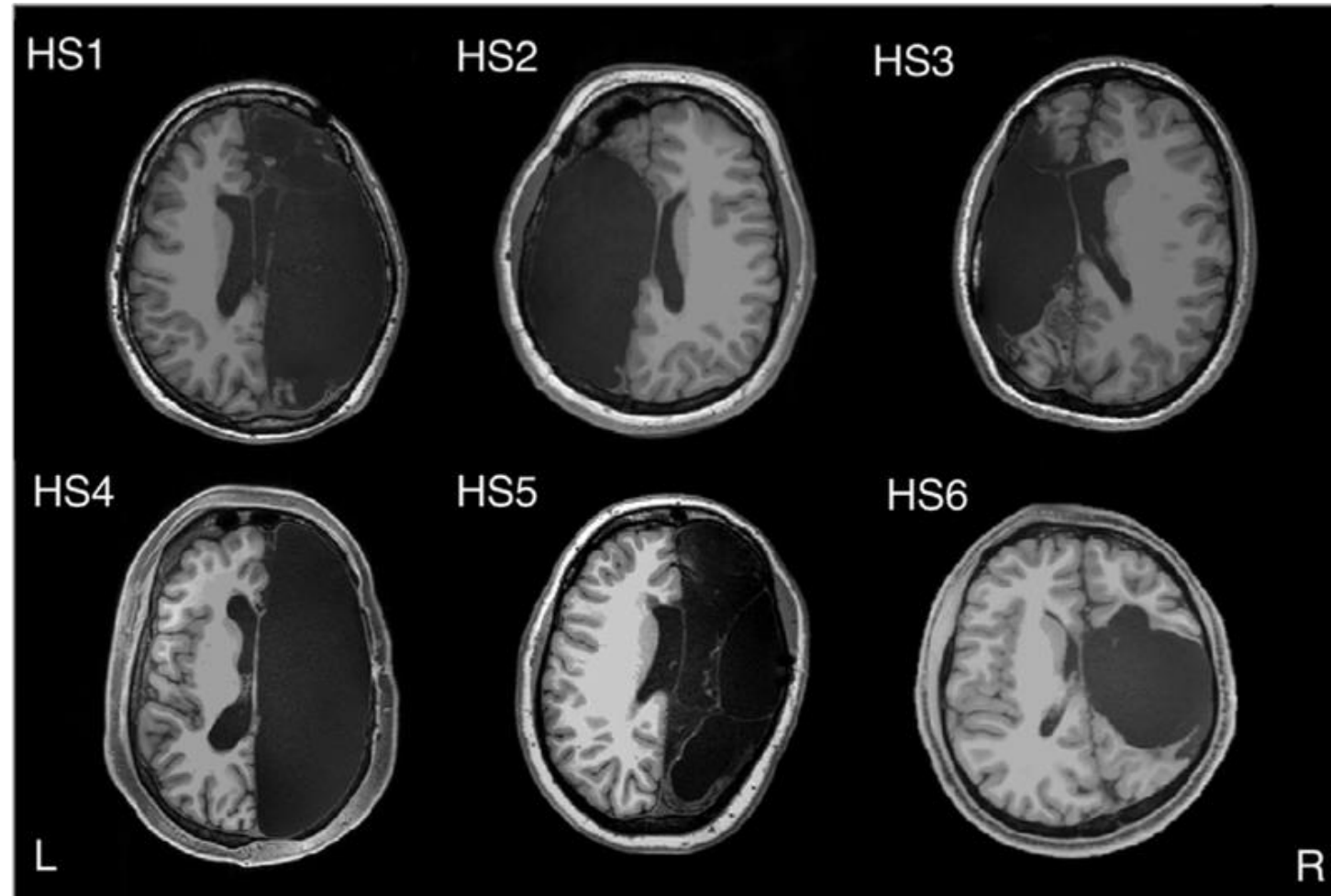
- Re-engineering the brain
- The science of stage fright
- What we're learning from 5000 brains
- Sleep is your superpower
- Left brain vs Right brain myth

## Tv shows/documentaries/Podcasts/Radio/Youtube

- Louis Theroux: A different brain
- Louis Theroux: America's medicated kids
- BBC- Can science make me perfect?
- Netflix: the mind explained
- Netflix: my beautiful broken brain
- Body clock: what makes us tick
- Living with half a brain
- The brain: a secret history

## Films

- ✓ Shutter Island
- ✓ Faces in the crowd
- ✓ Concussion





# Research Methods



## Ted Talks

Soon we'll cure diseases with a cell, not a pill

Big data is better data

## Tv shows/documentaries/Podcasts/Radio/Youtube

Three identical strangers

## Films

Experimenter

The Stanford prison experiment



# Issues and Debates

## Ted Talks

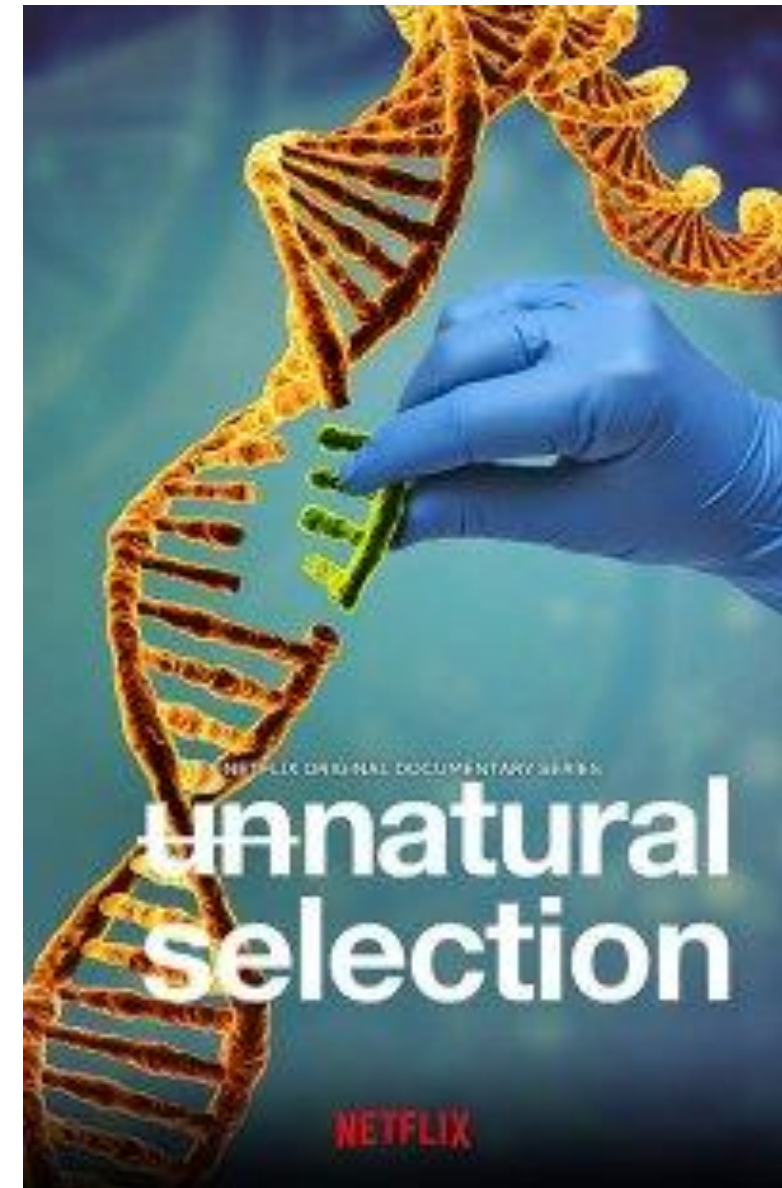
- Women should represent women in the media (Gender Bias)
- 3 clues to understand your brain (Nature vs Nurture)
- Louis Theroux: Transgender kids (Nature vs Nurture)
- The ethical dilemma of designer babies (Ethics)
- Moral behaviour in animals (Ethics)
- Would you sacrifice one person to save five? (Ethics)
- What hallucination reveals about our minds (idiographic)

## Tv shows/documentaries/Podcasts/Radio/Youtube

- Netflix: unnatural selection (ethics)

## Films

- ✓ Experimenters
- ✓ Side effects
- ✓ Project Nim
- ✓ The adjustment bureau
- ✓ About Time



# Relationships

## Ted talks

- Imaginary friends and real-world consequences: parasocial relationships
- Connected, but alone? Technology and Communication
- A Darwinian theory of beauty
- To find your perfect mate, think like an evolutionist
- The brain in love
- What is love?
- The science of attraction
- Why we love, why we cheat
- How your brain decides what is beautiful

## Tv shows/documentaries/Podcasts/Radio/Youtube

- Netflix: at first sight
- Netflix: Love is blind
- Louis Theroux: Altered States: Love without limits

## Films

- ✓ 50 first dates
- ✓ The Notebook
- ✓ The bodyguard
- ✓ About Time
- ✓ Her
- ✓ Me before you



# Eating Behaviours

## Ted Talks

Why some people find exercise harder than others

## Tv shows/documentaries/Podcasts/Radio/Youtube

Louis Theroux: Talking to Anorexia

BBC one: Inside Out West

BBC One: Ugly me: My life with Body Dysmorphia

BBC one: Miriam's Big Fat Adventure

BBC one: Clean Eating's Dirty secrets

BBC one: Diabulimia: The World's most dangerous Eating Disorder

BBC one: Horizon: Why are we getting so fat?

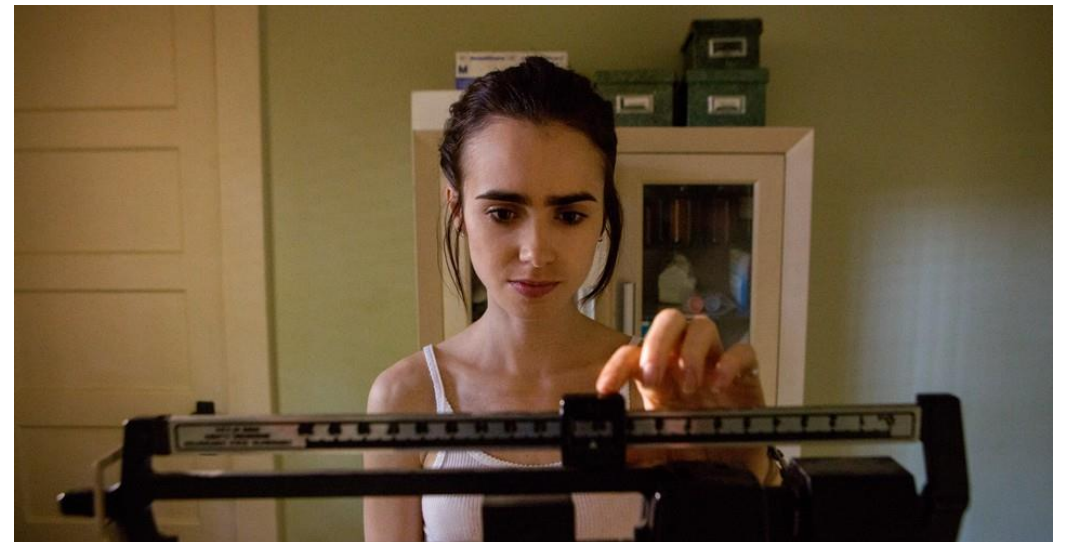
BBC one: The truth about healthy eating

BBC one: The truth about fat

Bbc one: truth about obesity

## Films

To the Bone





# Aggression

## Ted Talks

- Why we get mad- and why it's healthy
- The surprising connection between brain and injury and crime
- Exploring the mind of a killer

## Tv shows/documentaries/Podcasts/Radio/Youtube

- Channel 4: HMP Winchester
- Panorama: Behind bars- Prison undercover
- Louis Theroux- Miami Megajail Part 1 and Part 2
- Louis Theroux: Law and Disorder in Lagos
- Louis Theroux: Behind bars
- Panorama: Addicted to videogames
- Hometown: A killing (BBC)
- Netflix: inside the world's toughest prison

## Films

- ✓ Assassins Creed
- ✓ Green street



# General Psychology

## Ted talks

- Psychology myths debunked
- A brain in a supercomputer
- Your brain hallucinates your conscious reality
- How language shapes the way we think

## Tv shows/documentaries/Podcasts/Radio/Youtube

- Netflix: Mindhunter
- Netflix: 100 humans
- Netflix: The creative brain
- Secret life of 4 year olds
- Infinite monkey cage podcasts
- Speaking of Psychology Podcasts
- Waking up podcasts
- Youtube: Crash course Psychology, Tutor2u

