

Physical Education

To start exploring, and best prepare yourself for studying this subject at A-level, your teachers recommend accessing the range of resources below:

Exam board and title	AQA– A-level PE
Read ...	<ul style="list-style-type: none"> • <i>Sport and Society Issues and Controversies</i> by Coakley • <i>The Evolution of English Sport</i> by Wigglesworth • <i>Foundations of Sport and Exercise Physiology</i> by Weinberg and Gould • <i>Sports Psychology: Concepts and Applications</i> by Cox • <i>Motor Learning and Performance</i> by Schmidt and Wrisberg
Watch ...	<ul style="list-style-type: none"> • Tom Brown's School Days • Kes • Cool Runnings • The Truth about Takeaways (BBC) • Icarus (documentary about drugs in sport)
Browse ...	<ul style="list-style-type: none"> • www.teachPE.com • www.bbc.co.uk/sport • www.youthsporttrust.org • www.sportengland.org • www.eis2win.co.uk • YouTube- EverLearner and James Morris
Other Suggestions	<ul style="list-style-type: none"> • Keep playing your sport to the highest possible standard • Watch or listen to a wide range of sports and sport news channels to gain an invaluable insight into the wider sporting world.