

SUBJECT: Physical Education

If you are interested in studying this subject at A Level, please see below for a range of things that you can do to help you bridge the gap between GCSE and A Level, and make a flying start when you join us.

A Level Specification that we use	AQA
5 to Read - Recommended Reading	-Sport and Society Issues and Controversies- Coakley -The Evolution of English Sport- Wigglesworth -Foundations of Sport and Exercise Physiology- Weinberg and Gould Sports Psychology: Concepts and Applications- Cox -Motor Learning and Performance- Schmidt and Wrisberg
5 to Watch - Documentaries and Films	Tom Browns School Days Kes Cool Runnings The Truth about Takeaways (BBC) Icarus (documentary drugs in sport)
5 to Browse - Useful Websites for general research	www.teachPE.com www.bbc.co.uk/sport www.youthsporttrust.org www.sportengland.org www.eis2win.co.uk

Other Suggestions	Youtube: James Morris Khan Academy EverLearner
Questions to consider:	What is the history of the Olympic games? Why is sport so important to society? Does society reflect sport, or does sport reflect society? What are the benefits and drawbacks of hosting an international sporting event? Is commercialisation changing the nature of sport?